



# 2019 MINNESOTA SENIOR GAMES

## INDIVIDUAL REGISTRATION FORM

**REGISTRATION ENDS: JULY 26, 2019**

*\*Please complete this form (both sides), sign the liability waiver and return to address below with fee payment.*

### PERSONAL INFORMATION (Print carefully or paste address label)

Gender: Male \_\_\_\_\_ Female \_\_\_\_\_

First Name: \_\_\_\_\_ MI: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age (as of 12/31/2019) \_\_\_\_\_

Email: \_\_\_\_\_

In Case of Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Emergency Contact Phone Number: \_\_\_\_\_

### QUESTIONS

1. What size T-shirt would you like? (Shirts are Unisex) .....S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_
2. Will You Book A Hotel Room When You Are In Town To Compete? \_\_\_\_\_ YES \_\_\_\_\_ NO

*\*This question does not reserve you a hotel room you can find where to reserve a hotel room on our website.*

### FEES (Please add your total amount in box)

Registration Fee - **\$45.00** (February 25 – July 26, 2019) .....\$ \_\_\_\_\_

Paper Registration Administrative & Processing Fee .....\$ **7.00**

### OPTIONAL ADDITIONAL FEES

Additional Sports - **\$5.00** (First 5 sports are included in general fee) ..... \$ \_\_\_\_\_

Extra T-Shirt - **\$10.00** each: S  M  L  XL  2XL  ..... \$ \_\_\_\_\_

Donation to Minnesota Senior Games Foundation ..... \$ \_\_\_\_\_

Bowling Fee - Additional Fee **\$12.00** to be **paid on site**

Golf Fee - Additional Fee **\$35.00** to be **paid on site**

**PAYMENT: Make checks payable to St. Cloud Sports Commission**

**SEND PAYMENT TO: Visit Greater St. Cloud CVB  
1411 West St. Germain Street Suite #104,  
St. Cloud MN, 56301**

**TOTAL:**

\$



# 2019 MINNESOTA SENIOR GAMES - INDIV.

## INDIVIDUAL REGISTRATION FORM

ATHLETE NAME: \_\_\_\_\_

**ARCHERY**

- Compound Fingers
- Barebow Recurve
- Recurve
- Compound Release
- Barebow Compound

**BADMINTON**

- Singles
- Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_
- Mixed Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_

**BASKETBALL**

- 3 on 3 (half court)
- Team Name: \_\_\_\_\_
- Captain's Name: \_\_\_\_\_

**BOWLING**

- Singles
- Doubles
- Mixed Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_
- Average: \_\_\_\_\_

**CYCLING**

- 5K Time Trial       10K Time Trial
- 20K Road Race       40K Road Race

**GOLF** (18 hole)

**HORSESHOES**

**PICKLEBALL**

- Singles:
- Doubles:
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_
- Mixed Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_

**POWER WALKING**

**RACE WALK**

- 1500m       5000m
- 5000m non-tech walk

**RACQUETBALL**

- Singles
- Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_
- Mixed Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_

**ROAD RACE**

- 5K       10K

**SHUFFLEBOARD**

- Singles
- Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_

**SOFTBALL**

- Men       Women
- Team Name: \_\_\_\_\_
- Captain's Name: \_\_\_\_\_

**SWIMMING** (limited to 6 events)

- 50 Breast       100 Breast       200 Breast
- 50 Back       100 Back       200 Back
- 50 Free       100 Free       200 Free
- 50 Butterfly       100 Butterfly       500 Free
- 200 Butterfly       100 IM       200 IM       400 IM

**TABLE TENNIS**

- Singles:
- Doubles:
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_
- Mixed Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_

**TENNIS**

- Singles:
- Doubles:
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_
- Mixed Doubles
- Partner: \_\_\_\_\_ Year Born: \_\_\_\_\_

**TRACK AND FIELD**

- 50-meter dash       100-meter dash
- 200-meter dash       400-meter dash
- 800-meter run       1500-meter run
- Discus       Hammer Throw
- High Jump       Javelin
- Long Jump       Pole Vault
- Shot Put       Triple Jump

**VOLLEYBALL**

- Men       Women
- Team Name: \_\_\_\_\_
- Captain's Name: \_\_\_\_\_

**MN Senior Games will NOT be responsible for matching you with partners for partner or team sports.**



# 2019 MINNESOTA SENIOR GAMES - TEAM

## TEAM CAPTAIN ROSTER FORM

**REGISTRATION ENDS: JULY 26, 2019**

*\*Team captain must fill out team member's information; team members must then register as individual registration and add to the team online or indicate team name on paper registration.*

### TEAM CAPTAIN INFORMATION (Print carefully or paste address label)

Team Sport: \_\_\_\_\_ Gender Sport: \_\_\_\_\_

Team Name: \_\_\_\_\_

Captain's Name: \_\_\_\_\_

Age Division: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Captain's Address: \_\_\_\_\_

### TEAM ROSTER (Only one form must be filled out per team, this does not register individuals):

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

Name: \_\_\_\_\_ Birthdate \_\_\_\_\_ Age: \_\_\_\_\_

**PAYMENT:** Make checks payable to St. Cloud Sports Commission

**SEND PAYMENT TO:** Visit Greater St. Cloud CVB  
1411 West St. Germain Street Suite #104,  
St. Cloud MN, 56301



# 2019 MINNESOTA SENIOR GAMES WAIVER

In consideration of my participation in the 2019 Minnesota Senior Games ("The Games") - Hosted by Visit Greater St. Cloud CVB/St. Cloud Sports Commission, I agree to assume the risks incidental to such participation (which include, but are not limited to, property damage, bodily injury and death) and on my own behalf and on behalf of my heirs, executors and administrators RELEASE AND FOREVER DISCHARGE the "released parties" of and from all liabilities, claims, actions, damages, costs or expenses of any nature arising out of or in any way connected with my participation in The Games and further agree to indemnify and hold each of the released parties harmless against any and all such liabilities, claims, actions, damages, costs or expenses including, but not limited to, all attorneys' fees and disbursements.

Participant understands and agrees that activities associated with The Games may be dangerous and that 2019 Minnesota Senior Games (Visit Greater St. Cloud CVB/St. Cloud Sports Commission) cannot guarantee the safety of the Participant. Any activities Participant may take part in, whether as a component of The Games or separate from it, will be considered to have been undertaken with Participant's approval and understanding of any and all risks involved.

The "released parties" are 2019 Minnesota Senior Games (Visit Greater St. Cloud CVB/St. Cloud Sports Commission), related and affiliated companies, and the trustees, officers, directors, employees, faculty, students, agents, representatives, volunteers, sponsors, and venues, and the successors and assigns of each of the foregoing entities. I understand that this release, indemnity and hold harmless agreement includes any claims based on negligence, action, inaction or fault of any of the released parties and covers bodily injury (including death) and property damage related to my participation in The Games, whether suffered by me before, during or after such participation. This release agreement shall be construed to be as comprehensive as is allowed by law, as severable, the invalidity of any portion of which shall not affect any other portion; and shall not establish a legal or other relationship between or among the persons released by this agreement. I also agree to hold harmless and to indemnify the released parties from and against all claims, actions, damages and expenses, including but not limited to reasonable attorney's fees for any alleged injury and/or death to any person or damage to any property arising, or alleged to have arisen out of my negligent, reckless or intentional acts or failure to act by me or my heirs, successors or assigns.

## DECLARATION OF FITNESS AND AUTHORIZATION FOR MEDICAL TREATMENT:

I declare that I am physically fit and have the skill level required to participate in The Games and in my particular event(s). I further authorize 2019 Minnesota Senior Games (Visit Greater St. Cloud CVB/St. Cloud Sports Commission) and their agents to provide me with medical treatment (including transportation to receive medical treatment) at my cost if the need arises.

## GRANT OF RIGHTS:

I further grant 2019 Minnesota Senior Games (Visit Greater St. Cloud CVB/St. Cloud Sports Commission), their sponsors and marketing partners, as well as the media and others to whom the 2019 Minnesota Senior Games (Visit Greater St. Cloud CVB/St. Cloud Sports Commission) grant such rights, the right to photograph, videotape and/or otherwise record me and my performance and further to use my name, face, likeness, voice, appearance, and personal data for any purpose including, but not limited to, exhibitions, publicity, advertising and promotional materials without reservation, limitation or compensation. Said parties are, however, under no obligation to exercise the rights set forth in this paragraph.

## CANCELLATION OF GAMES:

Participant understands that 2019 Minnesota Senior Games (Visit Greater St. Cloud CVB/St. Cloud Sports Commission) reserves the right to cancel or modify The Games for any reason.

## CHOICE OF LAW AND CHOICE OF FORUM:

This agreement shall be governed by the internal laws of the State of Minnesota without regard to conflicts of laws principles, and any legal action relating to or arising out of this Agreement shall be commenced and maintained in the state or federal courts located in Minnesota. The parties hereto consent to the exclusive jurisdiction of such courts and to service of process outside of the State of Minnesota, and participant waives all defenses of lack of personal jurisdiction, venue and forum non conveniens.

The language of all parts of this release shall in all cases be construed as a whole, according to its fair meaning, and not strictly for or against any party. This release is the only, sole, entire, and complete agreement of the parties relating in any way to the subject matter hereof. No statements, promises, or representations have been made by any party to any other, or relied upon, and no consideration has been offered or promised, other than as may be expressly provided herein. This release supersedes any earlier written or oral understandings or agreements between the parties.

Participant's signature is required to complete the registration process and further indicates that the information on this form is accurate. Alteration of the form is not permitted.

Participant acknowledges that she/he has read this release and that she/he understands its meaning and effect.

Print Name: \_\_\_\_\_

Date: \_\_\_\_\_

Sign Name: \_\_\_\_\_

Date: \_\_\_\_\_

Contact Us: Phone: (320) 493-4974 Email: [registration@visitstcloud.com](mailto:registration@visitstcloud.com)

Website: [www.mnseniorgames.com](http://www.mnseniorgames.com)